



# YORK DISTRICT HIGH SCHOOL | NEWSLETTER – 2023

## From Youth Parliament

SECOND EDITION | MARCH | 2023

Kaya everyone,

This edition of the York District High School newsletter is largely brought to you by the female members of our Youth Parliament. This is in celebration of International Women’s Day. Imagine a gender equal world. A world free of bias, stereotypes, and discrimination. A world that’s diverse, equitable, and inclusive. A world where difference is valued and celebrated. Together we can forge women’s equality. Collectively we can all [#EmbraceEquity](#).

It has been a very busy start to the year, with so many opportunities for students to demonstrate Success, Improvement and embrace Community. We hope you enjoy reading about the Faction Swimming Carnival, our participation in the Academy Plate Tennis tournament, and our Family Open Night, as well as a sample of the others activities we’ve already participated in.

There’s even more to come! This Friday our P&C will host the Colour Fun Run, one of the major fund-raising events for the year; NAPLAN is also just around the corner; and our Year 7 and 8 students will make their way to Rottnest Island for our Emergency Services Cadet camp.

Good to everyone for the remainder of the Term. We look forward to working with you all throughout the year, with the support of our entire Student Leadership team. We have set some exciting goals for the group and can’t wait to engage with our peers, staff and the community to help achieve success for all students!

*Kind regards,  
Youth Parliament*





# York District High School

*Independent Public School*  
Courage, Effort & Innovation

Second Edition – March 2023  
Trews Road Phone: 9641 3100  
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## Vision Statement:

York District High School is a school of choice for learning and life. We strive to inspire a relentless pursuit of excellence (**SUCCESS**), a love of learning (**IMPROVEMENT**) and resilience through connection (**COMMUNITY**)

## Important Dates:

*\*Note: All events are subject to change, following the most up-to-date information from the Government of Western Australia.*

Mar 10<sup>th</sup> – Primary Assembly

**Mar 10<sup>th</sup> – P&C Colour Run**

**Mar 15-27<sup>th</sup> – NAPLAN Testing**

Mar 17<sup>th</sup> – National Day Against Bullying & Violence

Mar 17<sup>th</sup> – Cadet Final Camp Payment Due

Mar 24<sup>th</sup> – Primary [Rm 13] (AM) & Secondary (PM) Assembly

Mar 24<sup>th</sup> – National Ride 2 School Day

**Mar 29-31<sup>st</sup> – Year 7/8 Cadet Camp [Rottnest Island]**



**R** We are RESPECTFUL

**O** We OWN our Behaviour

**C** We are COURAGEOUS

**K** We are KIND

@ **Y**ork District High School







# York District High School Award Winners



***Congratulations to the following students for receiving Certificates of Recognition  
at the assemblies on Friday February 17***

## **Primary**

Michael Johnson	Thomas Mardesich	Ashleigh Smith	Jaedah-Durham Gore
Luke Hewett	Olive Kainuku	Noah Darr	Dakota Kerse
Hope Lawrence	Alfie Boyle	Isla Hannington	Lucas Cooper
Tessa Castlemain	Sophie Boyle	Harliah Thomas	Bethany Ward
Danika McColl	Carter Cochrane	Lia Reny	Zavier Jolley
Libby Welsh	Ava Clarke	Alexis Compton	Lowana Ridgeway
Ella Saunders	Jacob Evans		

## **Secondary**

Levi Taylor	Tanaya Metcalf	Jorja Caroll	Meddow Taylor
Tayla Pyke	Jacob Theedom	Eliza Clare	Keira Forster
Zoe Emin	Scarlett Wok	Angus Jones	Emily Astle
Tianna Curtis	Max Burrow	Tiah-Lee Cooper	Luke Hooper
Charlie Daly	Zoe Harris	Daisy Powell	





## Culture of Success



## Faction Swimming Carnival

*"The Faction Swimming Carnival was held on Friday 3<sup>rd</sup> March. It was a wonderful day, lots of people joined in and had so much fun both in the water and cheering from the bays. Avon did amazing, winning the overall Shield and Mackie took the handicap Shield. Well done everyone!"* – Matilda Reed, Year 7

*"It was so much fun! I really enjoyed competing in breaststroke, freestyle, backstroke, butterfly, the 100 meters and relay races. In the end I came Runner-Up in my group!"* – Sophie Rous, Year 4

*"It was great to see so many people participating and getting into the spirit of competition. I really enjoyed getting to cheer on and celebrate all the people who received medals. Congratulations Avon, we dominated!"* – Haylee Cox, Year 8

*"I was glad to be in the water on such a hot day! Even people that don't enjoy racing had lots of fun because of the novelty events and even getting to see teachers and parents race!"* – Trinity Luelf, Year 5

## Academy Plate Tennis

Congratulations to our handful of Year 4-6 tennis competitors who travelled to Beverley to compete in the Academy Plate Tennis Tournament. Competitors from all three teams performed brilliantly, represented themselves and our school beautifully and should be extremely proud of their efforts today! Special mention and congratulations to Matthew Ashworth (Year 6), Zac Draper (Year 5), Keira Chitty (Year 5) & Phoebe Wherrett (Year 4) who formed the winning team for the day, defeating Beverley in the Grand Final. These students will now be travelling to Perth at the end of the month to compete against other regional champions. A big thank you to Mrs Devlin, Mrs Boyle and to Mrs Alison Ashworth for their efforts and contribution to the students SUCCESS!



## Afternoon Sport

"This year we been taking part in afternoon sport every Thursday. I think it is great, because it is a chance to get out and have some fun, to burn off some energy and to learn new games. It always gets me a bit puffed out, but its still fun!" – Sophie Rous, Year 4

## School Dog

"Our new school dog Bob is a friendly Border Collie who is so adorable!"

– Matilda Reed, Year 7

"We have loved having Bob at school. He is already so popular!"

– Emily Astle, Year 10

## SMF Foodbank/Healthway

"On Monday 27<sup>th</sup> February the Year 9s got o take part in a healthy cooking class hosted by the Stephen Michael Foundation. It was really fun because we were all laughing, making a bit of a mess, and learning new skills like how to make pizza and protein balls from scratch. It was a great way to help kids think about alternatives to going to IGA and eating junk food. We talked a lot about how important it is to fuel your body the right way."

– Eliza Clare, Year 9

"The Stephen Michael Foundation ran an event for Year 9 & 10 students on Monday 24<sup>th</sup> February. In groups of 3-4 we either made pizza or protein balls, making sure we can cook a healthy easy lunch and snack. My group was in chare of making pizza. It turned out pretty good, a little thick, but everyone enjoyed it. While the pizza was cooking we played a game corresponding all the major food groups, so we know what we are eating. We all enjoyed the food and the activity. Thank you to the Stephen Michael Foundation, Foodbank, and Healthway for supporting such a useful event at York DHS."

- Emily Astle, Year 9



## Culture of Improvement







## Culture of Community



## Open Night

*"Open Night was a great way for teachers and parents to communicate with each other, and for kids to show their parents/guardians around the school as well as all the great work they've done. The P&C also put on a cake stand and a sausage sizzle thanks to York Quality Butchers."* – Matilda Reed, Year 8

*"There was a great turnout for the Open Night. It was such a good opportunity for parents to meet the new teachers and to hear the good things about their child. I loved showing my Mum and siblings my artwork in the Art room, because it's what I love to do."* – Emily Astle, Year 10

## SMF Rising Leaders

On Monday 13<sup>th</sup> March the Stephen Michael Foundation will return to York District High School to run the Rising Leaders program for a second time. Select Year 9 & 10 students will complete 20 sessions on Monday mornings. The Rising Leaders program utilises sport to engage, encourage and support the development of school students as leaders amongst their peers and within their communities. The program also helps students develop personal skills to manage stressful situations and regulate problematic emotions when they arise.

Last year the program guided students through practical and theoretical activities related to self-awareness, teamwork, mental health and wellbeing, drug awareness, Aboriginal culture leadership and decision making, and event management.

Students are very excited for the Foundation to return to York, and we are hopeful to see continued positive outcomes such as improved attendance, behaviour, and academic endeavour.

We also welcome Sarina Narkle to her new role with the Foundation whilst continuing to support our students in her AIEO capacity.

We	R	O	C	K
 	<p>We are <b><u>Respectful</u></b></p> <p>Respectful people are polite, they listen and make positive choices. They show regard for others, themselves, property and the environment.</p>	<p>We <b><u>Own</u></b> our behaviour</p> <p>People who own their behaviour are accountable for their actions by following procedures, acting safely and showing initiative.</p>	<p>We are <b><u>Courageous</u></b></p> <p>Being courageous is the ability to make positive choices in the face of challenges and being brave even though the outcome is uncertain.</p>	<p>We are <b><u>Kind</u></b></p> <p>Being kind means that through your actions you show genuine empathy and consideration for others.</p>
All of the time	<ul style="list-style-type: none"> <li>We actively listen and follow all instructions.</li> <li>We are polite and use our manners.</li> </ul>	<ul style="list-style-type: none"> <li>We make positive choices and are accountable.</li> <li>We are honest and act with integrity.</li> </ul>	<ul style="list-style-type: none"> <li>We challenge ourselves to be our best.</li> <li>We seek help when needed.</li> </ul>	<ul style="list-style-type: none"> <li>We are helpful and considerate.</li> <li>We accept and respect differences.</li> </ul>
Learning Areas	<ul style="list-style-type: none"> <li>We listen to people when they are talking and wait for our turn.</li> <li>We use appropriate school language.</li> <li>We show regard for everyone's belongings and school resources.</li> </ul>	<ul style="list-style-type: none"> <li>We are accountable for our own learning and behaviour.</li> <li>We use technology appropriately.</li> <li>We give everyone the opportunity to participate and learn.</li> </ul>	<ul style="list-style-type: none"> <li>We persist in the face of challenges.</li> <li>We seek feedback to improve.</li> </ul>	<ul style="list-style-type: none"> <li>We help and include others.</li> <li>We show patience and compassion when people are learning new things.</li> </ul>
School Grounds	<ul style="list-style-type: none"> <li>We speak to and about others appropriately.</li> <li>We wear our school uniform with pride.</li> <li>We show regard for equipment and the environment.</li> </ul>	<ul style="list-style-type: none"> <li>We model appropriate behaviours.</li> <li>We make safe choices.</li> <li>We use school facilities appropriately.</li> <li>We play by the agreed rules.</li> </ul>	<ul style="list-style-type: none"> <li>We report unsafe behaviour to staff.</li> <li>We use strategies to positively support someone who is being bullied.</li> <li>We engage in educational opportunities and challenges.</li> </ul>	<ul style="list-style-type: none"> <li>We resolve problems through thoughtful words and actions, seeking further help if needed.</li> <li>We welcome new people and visitors to our school.</li> </ul>
Community	<ul style="list-style-type: none"> <li>We speak appropriately to all people in our community.</li> <li>We follow the expectations of different environments.</li> <li>We are considerate of personal space.</li> </ul>	<ul style="list-style-type: none"> <li>We are positive advocates and role models for our school.</li> <li>We follow all road rules.</li> </ul>	<ul style="list-style-type: none"> <li>We are active citizens who contribute positively to our community where possible.</li> <li>We take pride in our community, school and self.</li> <li>We speak up for our safety and the safety of others.</li> </ul>	<ul style="list-style-type: none"> <li>We show consideration for the thoughts, feelings and opinions of others.</li> <li>We care for ourselves and community members.</li> <li>We celebrate and encourage the success of all school community members.</li> </ul>



## Secondary Assistance Scheme 2023

Assistance in the form of payments of school contributions and uniform allowance is available for parents and legal guardians who hold one of the following cards.

- Centrelink *Family* Health Care Card
- Centrelink Pensioner Concession Card
- Veterans' Affairs Pensioner Concession Card

**The level of assistance is:**

<b>Years 7, 8, 9 and 10</b>	<b>\$235 (paid directly to school)</b>
<b>Clothing Allowance</b>	<b>\$115 (paid directly to parent/guardian)</b>

Applications for this allowance **close on Thursday 6<sup>th</sup> April 2023** and no application after this date will be processed.

If you qualify for these allowances, apply immediately to the school Manager of Corporate Services.





Department of Education

Department of Health

# THE FACTS ABOUT VAPING



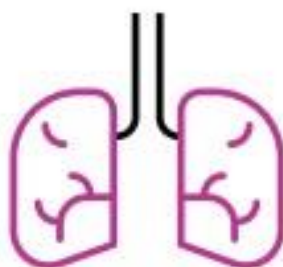
Many vapes contain nicotine making them **very addictive**



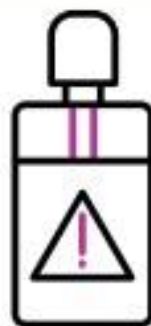
The nicotine in 1 vape can **= 50 cigarettes**



Young people who vape are **3 times** as likely to take up smoking



Vaping has been linked to **serious lung disease**



Vape aerosol **is not water vapour**



Vapes can contain the same **harmful chemicals** found in cleaning products, nail polish remover, weed killer and bug spray.

The biggest misunderstanding about vapes is that they are harmless compared to cigarettes. This is not true. Vapes are not safe.

## DO YOU KNOW WHAT THEY'RE VAPING?

If you need support, speak with your teacher or student services staff.





# ARE YOU A CHANGE MAKER?

**YOU CAN DONATE YOUR CANS TO YORK DHS P&C**

**IT'S AS EASY AS 1, 2, 3...**

**Collect eligible containers**

Most aluminium, glass, plastic, steel and liquid paperboard drink containers between 150ml and 3L are eligible.

**Take them to a refund point**

There are different types of refund points across Western Australia, so find the right one for you.

**Earn a refund or donate to York DHS P&C Scheme ID C10467214**

You'll receive 10 cents for every eligible container you return which you can keep or donate.

**YDHS P&C C10467214**





# York DHS P&C Scheme ID



ELIGIBLE CONTAINERS

## C10467214

### **Bag drops**

Bags of containers can be dropped off at various locations as a convenient and contact free way to recycle and receive refunds via your scheme ID.

### **Donate your containers**

Simply quote your chosen group's scheme ID at your local refund point to donate your containers.